

Fount and Balm of Consolation

Let us strive to acquire infinite delicacy in our charity; let us not limit ourselves to great acts of service but let us nurture that delicate gentleness that takes care of details and which knows how to pour out, with insignificant gestures, so much balm into hearts. 'Give them something to eat', Jesus says. In the same way, even with those with whom we live, let us interest ourselves in the smallest details about their health, their consolation, their prayers and needs: let us console and bring alleviation with our smallest attentions. For those God places beside us, let us strive to have those gentle, delicate, tiny attentions that two brothers would have so delicately for each other and those mothers so full of tenderness for their children, with the aim of consoling, as much as we can, all those around us and be for them the fount and balm of consolation, just as the Lord always was for all those who approached him: for the Holy Virgin and St. Joseph, but also for the apostles and everyone else...

How much consolation, how much sweetness he brought to all those who came to him.

Blessed Charles de Foucauld

